

tir a môr

BAR SNACKS & SHARERS

| | |
|--|----|
| Artisan bread selection, Shirgar butter (v) | 5 |
| Herb-marinated Nocellara olives (ve) | 7 |
| Garlic, rosemary and Halen Môn salted butter flatbread (v) | 8 |
| The Welsh egg | 10 |
| Chorizo, pork, leek and herb sausage, soft-boiled egg | |
| Halloumi fries, red dragon salsa (v) | 10 |

STARTERS

| | |
|---|----|
| Seasonal soup (voa) | 7 |
| Welsh rare breed pork and leek terrine, pickled vegetables, Celtic mustard sauce | 10 |
| Salt 'n' pepper squid, aioli | 10 |
| Smoked haddock, salmon and spring onion fishcake, poached local egg, lemon and dill crème fraîche | 12 |
| Warm peppered Pant-Ys-Gawn goat's cheese, beetroot carpaccio, rocket, balsamic (v) | 10 |
| Crispy soy, garlic and spring onion chicken wings | 11 |

MAINS

| | |
|---|----|
| Welsh beer-battered fish and triple-cooked chips, minted pea purée, tartare sauce | 21 |
| Add: Truffle chips Curry sauce | 4 |
| Vegetable curry, courgette pakora, sambal, rice (ve) | 20 |
| Summer vegetable gnocchi, basil oil, pangratatto (ve) | 18 |
| Vegan burger, vegan bacon, smoked vegan Applewood cheese, flat mushroom, brioche style bun (ve) | 20 |
| Cefn Mawr Farm beef chuck burger, bacon, Welsh rarebit, artisan bun, fries spiced mayonnaise | 22 |
| Grilled chicken breast, avocado, bacon, artisan bun, fries, spiced mayonnaise | 20 |

SALADS

| | |
|---|----|
| Caesar Caerdydd (v) | 10 |
| Gem lettuce, Caesar dressing, croutons, Teifi cheese | |
| Superfood salad (ve) | 10 |
| Mixed leaves, quinoa, avocado, beans, goji berries, seeds, nuts | |
| Roasted chickpea salad (ve) | 10 |
| Avocado, tomato and rocket | |
| Add: | |
| Chicken supreme 8 Pant-Ys-Gawn goat's cheese (v) 5 Grilled salmon 9 | |

SANDWICHES

| | |
|---|----|
| Choose from: | |
| White bread Brown bread Tortilla wrap Naked | |
| Sweet chilli chicken and coriander | 10 |
| Severn & Wye smoked salmon and cream cheese | 10 |
| Glazed Welsh ham salad and mustard mayonnaise | 10 |

SIDES

| | |
|--------------------------------------|----|
| Fries or triple-cooked chips (ve) | 5 |
| Shirgar buttered seasonal greens (v) | 8 |
| House salad (ve) | 6 |
| Sweet potato fries (ve) | 6 |
| Halloumi fries, red dragon salsa (v) | 10 |

(v) vegetarian | (ve) vegan | (voa) vegan option available

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients. Please note: before placing your order please inform a member of the team if anyone in your party has a food allergy. Prices include VAT. An optional 12.5% service charge will be added to your bill.

DESSERTS

| | |
|--|----|
| Apple and summer berry crymbl (v) | 9 |
| Bara Brith bread and butter pudding, Dairy Farm vanilla ice cream (v) | 9 |
| White chocolate and raspberry semifreddo, raspberry veil, dried raspberry, Aberffraw and coconut crumb (v) | 10 |
| Dark chocolate tart, citrus gel, orange sorbet (ve) | 8 |
| Seasonal fruit plate, sorbet (ve) | 7 |
| Two scoops of Dairy Farm ice cream or sorbet, coulis, berries, chocolate (v) | 9 |
| Welsh cheeseboard, Pembrokeshire biscuits, grapes, chutney | 14 |

(v) vegetarian | (ve) vegan | (voa) vegan option available

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients. Please note: before placing your order please inform a member of the team if anyone in your party has a food allergy. Prices include VAT. An optional 12.5% service charge will be added to your bill.